



Following our theme of wonderful things in small packages, this is a “must try”.

The kids can even mix their own. Plus, there are no leftovers to tempt you the next day.

Cake in a mug.

Ingredients:

4T flour

4T sugar

2T cocoa

1 egg

3T milk

3T oil

3T chocolate chips optional

Small splash of vanilla

Directions

Put flour, sugar and cocoa in a large, microwave-safe mug and mix well.

Add egg and mix thoroughly.

Pour in milk and oil and mix well.

Add chocolate chips and vanilla and mix again.

Place mug in microwave for 3 minutes on high (1,000 watt oven, lower setting if wattage is greater).

Allow to cool a bit.

Tip out onto a plate or eat straight from the mug.

Options: Really, you can add anything – be creative!

I omit the chocolate and mix cinnamon and sugar in for a morning breakfast cake.... mmmm good. Be sure shake some cinnamon and sugar on top before baking.

I have also tried it with lemon flavoring and blueberries.



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